

# Resident and Community News



*Housing Authority of Henderson*  
*Bobbie Jarrett, Executive Director*

**November**  
**2023**


## INSIDE THIS EDITION

Director Notes	pages 1,2,3
Manager's Notes	page 4
Word Puzzle	page 5
Event Calendar	page 6
CAT Center News	page 7

Housing Authority of Henderson  
Board of Commissioner's  
Meeting  
November 20, 2023  
12:00 Noon

**Sunday, November 5, 2023**  
**Daylight Saving Time Ends. Make sure**  
**you turn your clocks back one hour**  
**before you go to bed.**



  
VOTE The 2023 *Kentucky gubernatorial election* will be held on **November 7, 2023**, to choose the *governor and lieutenant governor of Kentucky.*



## RETIREMENT

Congratulations to Administrative Assistant/Human Resource and Procurement Director, **Tina Belcher**, who will retire November 20, 2023, with 39 years of dedicated service to the Housing Authority of Henderson. We wish her well!

Housing Authority of Henderson  
will be  
**Closed**  
November 23 - 24, 2023 for the  
Thanksgiving Holiday



## **PUBLIC AWARENESS PROGRAM – GAS DISTRIBUTION SYSTEM**

### **ATTENTION PUBLIC HOUSING RESIDENTS**

Everyone in our community is familiar with our local gas department but some may not realize that natural gas utilities receive their gas from natural gas pipeline systems. The purpose for these underground energy portals is to safely transport this vital fuel to heat homes and power businesses and vital service institutions.

The transportation of natural gas through these pipelines is one of the safest methods for transporting energy, although accidents can occur. One of the ways accidents occur is when someone digs in the vicinity of a gas pipe and cuts the line.

The Kentucky One-Call system is an organization to prevent these types of accidents. **Dialing 811** and providing information to the operator will ensure that local utilities, including gas utilities, will mark their lines. Another way accidents occur is when leaks from pipelines, appliances or other gas-related equipment occur. Natural gas is a colorless, odorless fuel that is lighter than air. Because it is odorless, a harmless odorant, usually smelling like rotten eggs, is added to the gas so that the presence of gas may be detected.

#### **Leaks may be detected by noticing the following:**

- Smelling gas (odorant) near a meter or pipeline, sometimes after excavation work

A hissing or roaring sound caused by escaping gas

- Deader discolored vegetation in an otherwise green environment
- Blowing dirt, grass, or leaves
- Steady bubbling in a wet, flooded areas or other water environment
- A fire in or near an appliance or gas pipe
- Unusual noise at an appliance
- Unusual behavior of the flame at an appliance burner

#### **In the event of a detected gas leak, the following should take place:**

- Leave the vicinity immediately (without making calls or operating light switches)
- Evacuate others in the vicinity
- Turn off and abandon cars or equipment in the vicinity
- Do not start a car or other equipment in the vicinity
- Do not operate any electrical or electronic equipment in the vicinity
- Do not light a match or use another source of ignition
- Do not smoke
- Warn others to stay away from the area
- Stay away from open flames
- Wait for maintenance, emergency, or utility personnel to put out flames

#### **To report a leak, call our Barret Center office at (270) 827-1294 or 911**

In keeping the public safe from the potential hazards of natural gas, such as fire or explosion caused by leaks, the Housing Authority of Henderson conducts a leak survey. The survey is performed to find leaks in piping and related gas equipment.

Additionally, the Housing Authority Maintenance Staff and Contractors perform periodic sniff tests to ensure that odorant can be detected in the gas. In addition, they also make periodic checks for gas leaks and monitor each gas meter.



**Know what's below.  
Call before you dig.**

The agency that oversees all-natural gas safety related activity for our distribution piping is the Kentucky Public Service Commission. They can be reached at 502-564-3940.

To obtain further information about natural gas you may contact the Housing Authority of Henderson Barret Center office at (270) 827-1294 extension 1133.

**Residents, please remember you are no longer allowed to plant anything in the yards. All flowers, shrubs and garden plantings (tomatoes, peppers etc.) must be planted in pots.**

**2024 ANNUAL PLAN**

The Housing Authority’s Board of Commissioners, Staff and Resident Advisory Board will be meeting during the month November and December to work on the Authority’s draft of our Annual Plan. One of the items in the Annual Plan, which impacts Public Housing residents significantly, is the Capital Fund Program. The Public Housing Annual Agency Plan Hearing is scheduled for December 18, 2023 at 11:00 am in the Boswell Hall at Barret Center.



Some of the Capital Fund highlights from our Fiscal Year 2024 include:

- **Lawndale/Dixon** Storm and Entrance Doors – Windows – Siding and Shutters, Gas Meters, Tile Floors, Sewer drains
- **Madison/Eighth Street** – Central A/C, Gutter, Soffit, Facia, Windows, Tile Floor, Vent Pipe Replacement, Brick/Foundation repair
- **840 North Adams** – Electrical Panel Upgrade, Bathroom Vanities, Tile Floor, Sewer Line Replacement, ADA Upgrades
- **Fagan/Dixon Ingram/North Adams** – ADA Upgrades, Tile Floors, Sewer/Washer Drains, Entrance and Storm Doors

- **PHA Wide** – Landscape and Tree Removal, Replace Sidewalk, Purchase Property,



**National Diabetes Month 2023:** November is National Diabetes Month, a time when communities across the country seek to bring attention to diabetes. This year’s focus is on taking action to prevent diabetes health problems.

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It affects about 37 million Americans, including adults and youth. Diabetes can damage the eyes, kidneys, nerves, and heart, and it is linked to some types of cancer.

But there’s also good news: Taking charge of your health may help you prevent diabetes health problems.

**TIPS TO GET STARTED:**

Manage your blood glucose, blood pressure, and cholesterol levels.

Research shows that [managing your diabetes](#) as soon as possible after diagnosis may help [prevent diabetes health problems](#). You can start by managing your diabetes ABCs.

A is for the [A1C test](#) that health care professionals use to measure your average blood glucose levels. Some people with diabetes also use [devices to track their blood glucose](#) throughout the day and night.

*Bobbie Jarrett*  
*Executive Director*

**MANAGER'S NOTES****AMP 1 and AMP 2 / Directors: Lashunda Hill and Susan Gay**

**RENT: Rent is always due on the 1<sup>st</sup> day of every month. Effective January 1, 2024, we will start enforcing the policy which is in your signed lease.**

17. **LEASE TERMINATION BY AUTHORITY:** Any termination of this Lease shall be carried out in accordance with U.S. Department of Housing and Urban Development regulations, State and local law, and the terms of this Lease.

The Authority shall not terminate the Lease other than for serious or repeated violation of material terms of the Lease, such as, but not limited to, the following:

**Nonpayment of rent or other charges due under the Lease (e.g., utilities), or repeated chronic late payment of rent (four times in a twelve-month period);**

**PEST CONTROL:**

If you are having pest control issues, please report it to the office at (270) 631-0728 or (270) 631-0729.

**FALL LEAF SEASON:**

Families are responsible for raking their own leaves. We ask that you bag your own leaves and we will remove them for you. You will be charged a fee if we have to rake your leaves. We have bags at the office we will give you and we will loan you a rake if you need one.

**CHRISTMAS DECORATIONS:**

Please use clips when installing lights outside. Do not nail or use a screw to hang decorations to the apartment building. **Do not attach any decorations to the rails at 840 N Adams.**

**OVERNIGHT GUESTS:**

**ARE YOU AWARE OF HUD'S OVERNIGHT GUEST POLICY?** HUD's policy and your signed lease states that you are allowed to have an overnight guest for 14 total overnights per year, per household.

**PETS:**

All pets must meet the **Housing Authority's Pet Policy** and must be registered. You are not allowed to have visiting pets.

**HOUSEKEEPING TIPS:**

- Wash refrigerator door gaskets with clean soapy water to avoid loss of coolness and your electric bill being higher from not sealing. Your food will also stay fresher if the door seals properly.
- Self-Cleaning Gas Stoves-To save time scrubbing, put the burner grates in the stove when you use the self-clean feature.
- Clean carpet spills as you go using warm water or a spot cleaner. It will save time and be easier to clean.
- Check your produce, especially onions and potatoes and your sacks for unwanted pests when you get home from the grocery store to avoid an infestation of bugs.
- Flushable wipes, tampons, and sanitary napkins are not safe in the toilet.
- Wipe household surfaces on a regular basis so your whole family will be healthier.
- Dryer lint should be cleaned out after every use. This will save you money on your electric bill. It is the resident's responsibility to make sure the dryer vent is always clamped and tight. This is the leading cause of fires.
- Window frames and entry doors need to be wiped with a bleach-water solution to avoid condensation turning into mildew problems.

# Thanksgiving

## WORD SEARCH



CHILDREN

HOLIDAY

PARENTS

DINNER

HOME

RELATIVES

FAMILY

JOYFUL

SEASON

GATHERING

MEMORIES

VISITING





GRATEFUL

OCCASION

THANKFUL

# November 2023

EVICITION NOTICES  
will be issued  
30 days  
after rent due date.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Rent Due	2	3	4
5 	6	7 CAT Center and Schools Closed Vote 	8	9	10 Housing Authority and CAT Center Closed	11 
12	13	14	15	16	17	18
19	20	21 Dixon Inspections	22 CAT Center and Schools Closed	23 Office Closed	24	25
26	27	28	29	30		



**Inspections:**

Dixon

November 21, 2023

Re-Exams

None

**Garbage pick up**

**dates:**

Lawndale—Mon/Wed/Fri

Dixon—Mon/Wed/Fri

Madison—Mon/Wed/Fri

Eighth St. - Mon/Wed/Fri

740,750 No. Adams -

Monday/Friday

Dixon/Ingram -Monday

Fagan Square -Friday

840 No. Adams— Friday

**Thrift Shop Hours:**

Monday/Wednesday/

Friday 9am-2pm

Wednesday is Intake Day

**Cabell Platt Medical**

**Center**

Monday/Friday 8am-5pm

Tuesday/Wednesday/

Thursday 8am-7pm

## CAT CENTER NEWS

Youth &amp; Family Coordinator, Donna Rigby

CAT Center  
and  
Henderson County Schools

**Closed**  
November 7, 2023  
Election Day

November 22 - 24, 2023  
Thanksgiving Holiday

Housing Authority of Henderson  
and  
CAT Center

**Closed**  
November 10, 2023  
Celebrate Veteran's Day

Join the City's  
Parks & Recreation team  
at this fall celebration.

Newman Park  
1015 Sand Lane  
Henderson, KY  
Saturday, November, 4th  
4:00 pm.

This **FREE** family friendly event is open to all members of the family. Attendees can expect hayrides along the Canoe Creek Nature Trail, kids scavenger hunts with prizes, hot chocolate, and lots of children's activities.

Mr. D's Food Truck will be onsite selling food.




## 10 Benefits of Reading

- 1. Kids who read often and widely get better at it:** This is pretty much just common sense. After all, practice makes perfect in almost everything we humans do and reading is no different from anything else.
- 2. Reading exercises our brains:** Reading is a much more complex task for the human brain than, say, watching TV is. Reading strengthens brain connections and actually builds new connections.
- 3. Reading improves concentration: Children have to sit still and quietly so they can focus on the story when they're reading. If they read regularly, they develop the ability to do this for longer periods.**
- 4. Reading teaches children about the world around them:** Through reading, children learn about people, places and events outside their own experience. They are exposed to ways of life, ideas and beliefs.
- 5. Reading improves a child's vocabulary and leads to more highly-developed language skills:** This is because children learn new words as they read but also because they unconsciously absorb information as they read about things like how to structure sentences and how to use words and language effectively.
- 6. Reading develops a child's imagination:** This is because when we read our brains translate the descriptions we read of people, places and things into pictures. When we're engaged in a story, we're also imagining how the characters are feeling. We use our own experiences to imagine how we would feel in the same situation.
- 7. Reading helps kids develop empathy:** Children identify with the character in the story so they can feel what the character is feeling.
- 8. Children who read do better at school:** They don't just do better at subjects like reading, English and history. They do better at all subjects and they do better all the way through school.
- 9. Reading is a great form of entertainment:** A paperback book or an e-reader like the Amazon Kindle doesn't take up much space so you can take it anywhere and you'll never be lonely or bored if you have a book in your bag.
- 10. Reading relaxes the body and calms the mind:** This is an important point because these days we seem to have forgotten how to relax and especially how to be silent. The constant movement, flashing lights and noise which bombard our senses when we're watching TV, looking at a computer or playing an electronic game are actually quite stressful for our brains. When we read, we read in silence and the black print on a white page is much less stressful for our eyes and brains.



**HOUSING AUTHORITY OF HENDERSON**

111 South Adams Street  
Henderson, Kentucky 42420

Phone: 270-827-1294

Fax: 270-827-1482

E-mail:

housing@hahenderson.org

**Promoting, without discrimination, affordable quality Housing, Economic opportunity, and a positive living environment for the residents we serve.**

**INSPECTIONS:**

Dixon

November 21<sup>st</sup>, 2023

**Thanksgiving**

The year has turned its circle,  
The seasons come and go  
The harvest is all gathered in  
And chilly north winds blow

Orchards have shared their treasures,  
The fields, their yellow grain  
So open wide the doorway-  
Thanksgiving comes again!



**Applications**

**Currently by Appointment Only**

**Call to schedule appointment**

Public Housing & Section Eight Applications are taken at the Housing Authority office

**Monday - Friday**

**8:00 am - 11:00 am**

**2:00 pm - 4:00 pm**

- All household members age 18 years and older must be present to sign.
- You must have Social Security Cards for all members of the household.
- Birth Certificates must be provided for all household members and a photo ID for all adults.
- If anyone is pregnant a statement must be presented as to due date.
- For Public Housing you must have proof of income. There may also be other documents that may be needed. You can come to the office and pick up a list that show what other documents will be needed.



**MAINTENANCE DEPARTMENT SUPERVISORS:**

**Troy Cox and Tony Clayton**

**PROBLEMS:**

Please do not attempt to repair problems yourself  
Please call work orders in immediately!

**Call before 4:00 pm**

**LIFE THREATENING EMERGENCIES:**

**CALL: 911**

